

2012 CSCSW CONTINUING EDUCATION OPPORTUNITIES

Babies “R” Us: Working in the Early Parent/Child Relationship

This is a class both for those who may do family or parent/child psychotherapy with young ones or for those who work with adults and want to be more closely reminded how early dynamics often set a template for future personality development. While we learn about the unconscious, subconscious, and conscious mind, many therapists do not receive training about the developmental and interpersonal process as well as the organic contributions to these constructs. Often, the rapidity with which early intervention can set things on a track that can promote optimal health and avoid developing more entrenched individual and family dysfunction is a great aspect of early intervention.

During this 4-Session Class we will review the research and theories of how the transmission in the early parent/child relationship (0-5) works. We will identify and use screening tools to help recognize vulnerable babies and adults while briefly reviewing pregnancy-related complication and post-partum disorders. Participants will be encouraged to use case discussions as a way to put skills into action.

CLASSES TO BE HELD FROM 6:15-8PM ON THE FOLLOWING DATES:

February 1, 8, 15, and 22, 2012

LEARNING OBJECTIVES:

- 1) Participants will have a stronger and clearer recognition of how factors in early years effect development, personality, and interpersonal relationships.
- 2) Participants will have screening tools that will enable them to recognize at-risk/vulnerable children and parents.
- 3) Participants will be exposed to reading and resources about psychotherapy and early intervention approaches in this period of development.
- 4) Participants will learn about the importance of the Therapist Stance as it is used to empower parents and their relationship with their children.

CREDIT HOURS: 6 HRS.

LOCATION: 4900 E. Kentucky Ave., Ste. 100, Denver

INSTRUCTOR: Sarah Lincoln LCSW

COST: \$100 (Non-Members)

\$80 (Members)

REGISTRATION DEADLINE: Wednesday, January 25, 2012

QUESTIONS? PLEASE CONTACT:

Sarah Lincoln at 303/691-6140

Psychodynamic Psychotherapy: A Practical Approach

This seminar is a distillation of a seminar taught at the Denver VA Medical Center for more than 15 years. In this class we will cover some of the essential concepts of psychodynamic psychotherapy, the oldest and most comprehensive approach to understanding human behavior and the foundation of many different approaches to psychotherapy. But more than a theory or technique, what we teach is an attitude towards therapy, one that we hope you will be able to integrate into your own therapeutic style.

This is an interactive class. By sharing our questions, insights, and experiences with each other we will all grow professionally and personally. Unlike many professions, psychotherapists must allow themselves to be affected by the people they treat. Ultimately, our most important tools are ourselves. In this seminar, we hope to refine that tool.

CLASSES TO BE HELD FROM 6:30-8PM ON THE FOLLOWING DATES:

February 29 – The Beginning Phase

March 7 – The Therapeutic Relationship

March 14 – Transference & Counter-transference

March 21 – Defenses & Resistances

March 28 – The Techniques of Psychodynamic Psychotherapy

April 4 – Termination: When and How?

LEARNING OBJECTIVES:

- 1) The student will appreciate how to understand psychodynamic theory from clinical material.
- 2) The student will understand how to begin and end a psychodynamic psychotherapy.
- 3) The student will appreciate the importance of one's self as a therapeutic tool and the healing power of the therapeutic relationship
- 4) The students will recognize the importance of ongoing awareness of his/her counter transference.

CREDIT HOURS: 9 HRS.

LOCATION: 5105 DTC Parkway, Ste. 320, Greenwood Village

INSTRUCTORS: Mel Singer, LCSW & Ron Langer, LCSW, BCD

COST: \$140 (Non-Members) \$100 (Members)

REGISTRATION DEADLINE: Wednesday, February 15, 2012

QUESTIONS? PLEASE CONTACT:

Ron Langer at 303/753-1255

Neurodynamic Couples Therapy: An Integrated Approach

In this 4-Session Class (1 ½ hr units), the instructor will present a method of treating couples that integrates the intersecting elements from several contemporary theories that have been proposed for understanding intimate relationships, including intersubjective systems theory, attachment theory, neuroscience, and affective therapies. Throughout the class, the instructor will include clinical material from her own practice and directly encourage participants to talk about their own cases.

CLASSES TO BE HELD FROM 6-7:30PM ON THE FOLLOWING DATES:

April 11 – Why “Neurodynamic”? – Interweaving elements of theory

April 18 – Understanding Enactments

April 25 – Steps to Therapeutic Change

May 2 – Putting it All Together – Case Discussions

LEARNING OBJECTIVES:

At the conclusion of the class, participants will be able to:

- 1) Describe the latest neuroscientific understanding of couple relationships.
- 2) Identify how both persons in a couple relationship contribute to their enactments
- 3) Understand how the therapist’s participation in enactments creates empathy.
- 4) Recognize the emotions that couple enactments are designed to metabolize.

CREDIT HOURS: 6 HRS.

LOCATION: 55 Madison St., Ste. 600, Denver

INSTRUCTOR: Jana Edwards, MSW, LCSW, BCD

COST: \$100 (Non-Members) \$80 (Members)

REGISTRATION DEADLINE: Wednesday, March 28, 2012

SUGGESTED READING: Please contact instructor directly to receive list of suggested reading. Note that there is no requirement and there will be no testing about reading materials. They are presented for the benefit of the learner.

**QUESTIONS? PLEASE CONTACT:
Jana Edwards at 303/393-1474**